

Would you, or someone you know, enjoy a Respite Day at a Daybreak Club?



*Respite Days for people
with a dementia*

Daybreak Oxford provides Respite Days for people with memory loss and a dementia at Clubs in Kidlington, North Oxford and Blackbird Leys.

The Clubs offer Respite Days for between 15 and 20 Members in an informal social setting and provide:

- A range of stimulating group and individual activities, which Members may participate in as they wish
- Experienced and trained staff teams supported by volunteers
- A welcome to people with special needs such as problems with mobility or sensory impairment
- Making and enjoying musical activities such as dancing and singing
- Transport to and from the Clubs if required
- A hot, 2 course lunch plus tea, coffee, biscuits and sweets during the day
- Special outings, visits and joint activities with other Clubs.

The Rosewood Club

The Clockhouse, Long Ground,
Blackbird Leys, Oxford, OX4 7FX.

Tel: **01865 749349**

Senior Organiser: Graham Hooper

Open: Monday – Friday, 9.30am – 3.00pm

The Lilacs Club

11 Charlbury Close, Kidlington,
Oxford, OX5 2BW.

Tel: **01865 370658**

Organiser: Sue Bond

Open: Monday, Wednesday, Thursday and Friday,
9.30am – 3.00pm.

The Limes Club

St Margaret's Institute, 30 Polstead Road,
Oxford, OX2 6TN.

Tel: **01865 510719**

Organiser: Lyn Hunt

Open: Monday and Tuesday 9.30am – 3.00pm

Do contact:

The Director, Carrie Hetherington,
The Clockhouse, Long Ground,
Blackbird Leys, Oxford OX4 7FX.

Tel: **01865 776744**

Email: info@daybreak-oxford.org.uk

Website: www.daybreak-oxford.org.uk

Volunteering: Volunteers play a very full part in the life and activities of Daybreak's Clubs and if you can regularly spare two or more hours to join in or lead an activity do ring Carrie.

Thank you

Registered Charity 1113182.

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